



San Juan Nursing Home

300 N. Nebraska Ave. San Juan, TX 78589

(956) 787-1771

September 2025

Happy Birthday

Residents:

09/05 Ana De La Torre
09/06 Jose Valdez
09/12 Maria E. Garza
09/30 Wenceslao Herdandez

Staff:

09/05 Belinda Bautista
09/10 Adela Saucedo
09/14 Natalia Dominguez
09/21 Olimpia S Medrano
09/23 Narcedalia Aguayo
09/24 Melissa A Mata
09/28 Esmeralda Martinez
09/28 Jon A Aquino Lazcano
09/28 Sylvia Flores

"Service with Love"

Administration Team

Nelly Dominguez	Administrator
Armando Silva	Director of Nursing
Melissa Mata	Asst. Director of Nursing
Norma Mireles	Social Worker
Natalia Garcia	Admissions Coordinator
Guadalupe Garcés	Infection Control Nurse
Narcedalia Aguayo	MDS Coordinator
Joel Pastrán	MDS Staff
Belinda Bautista	MDS Staff
Andres Gonzalez	Medical Records
Maria Elena Huerta	Pastoral Coordinator
Ramiro Lopez Cantu	Activities Director
Servando Gutiérrez	Dietary Manager
Jose Lira	Maintenance Director
Sylvia Flores	Dir. of Human Resources
Alejandra Contreras	Accountant
Liliana Aguirre	IT Specialist

Welcome/Bienvenidos

Residents:

Juanita Yerena
Hortencia Amaya
Wenceslao Hernandez
Margarita Avila
Raquenel Ayala
Petra Champion
Olivia Ortega

Staff:

Rosa Maria Vazquez De Cantu
Jesus Alfredo Maldonado
Maria Elena Palomo
Brianna Ashley Garza
Olimpia Soledad Medrano
Silvia Vasquez

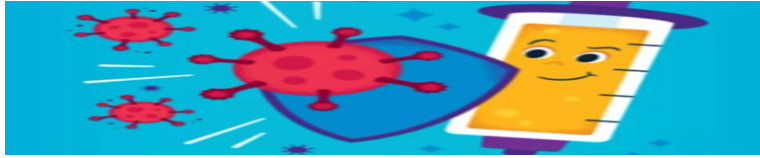
Changed your address or phone number? Please call or come by to update our records. It is very important to have your information current.

Ha cambiado su domicilio o numero de teléfono? Favor de pasar o llamarnos para corregir su información. Es muy importante tener su información correcta.



COVID-19

In our community, keeping all of our residents safe is of utmost importance from possible infections such as COVID-19. COVID-19 is a contagious respiratory illness caused by the coronavirus. It spreads mainly through respiratory droplets when people cough, sneeze, talk, or are in close contact. Symptoms can range from mild, such as fever, cough, and loss of taste or smell, to severe illness requiring hospitalization. While most people recover, older adults and those with underlying health conditions such as diabetes, heart disease, or weakened immune systems are at higher risk of complications. Understanding how the virus spreads and how to protect ourselves is key to keeping our families and communities safe.



Prevention remains the most powerful tool in controlling COVID-19. Getting vaccinated and staying up to date with booster doses greatly reduces the risk of severe illness. Practicing good hygiene—such as frequent handwashing, wearing a mask in crowded or poorly ventilated areas, and covering coughs and sneezes—helps limit transmission. If you feel sick, it is important to stay home, get tested, and follow local health guidelines. By working together and taking simple precautions, we can protect one another and help reduce the spread of COVID-19 in our community.

Grandparents, Elderly.. Bread that nourishes our life.

From his homily on the first Word Day of Grandparents and the Elderly:

Pope Francis insisted on the importance of the young and old coming together in a covenantal sharing of life. The miracle of the loaves and fishes, said Pope Francis, “Begins With the gaze of Jesus, who is neither indifferent nor too busy to see the hunger felt by weary humanity.” Instead, He is concerned for everyone, and “understands the needs of each person.”

Our grandparents look on us the same way, the Pope said. Their love helped us to grow, and we, in turn, are called to share our love and attention. “Let us lift up our eyes and see them,” Pope Francis said, “even as Jesus sees us.”



Los Abuelos son indispensables para construir el mundo del mañana.

De la homilía del Papa Francisco en la primera Jornada Mundial de los Abuelos y Personas Mayores:

La vocación de los abuelos y los ancianos es la de “custodiar las raíces, transmitir la fe a los jóvenes y cuidar a los pequeños.”

“No importa la edad que tengas, si sigues trabajando o no, si estas solo o tienes una familia, si te convertiste en abuela o abuelo de joven o de mayor, si sigues siendo independiente o necesitas ayuda, porque no hay edad en la que puedas retirarte de la tarea de anunciar el Evangelio, de la tarea de transmitir las tradiciones a los nietos. Es necesario ponerse en marcha y, sobre todo, salir de uno mismo para emprender algo nuevo.”

September Prayer/Oración de Septiembre

Dear grandmother, dear grandfather, the Lord's closeness will grant to all, even the frailest among us, the strength needed to embark on a new journey along the path of dreams, memory and prayer.

-Pope Francis.

Querida abuela, querido abuelo, la cercanía del Señor dará a todos, incluso a los más frágiles, la fuerza necesaria para emprender un nuevo camino por el camino de los sueños, la memoria y la oración. -Papa Francisco.

SPECIAL EVENTS/ EVENTOS ESPECIALES

16th MEXICAN INDEPENDENCE.

24th RESIDENT'S BIRTHDAY PARTY

30th Outing to the Grandparents Mass at The Basilica.



